

THE LOUNGE

at THE EXCHANGE 1856

SMALL BREAKFAST MENU

SMALL BREAKFAST

£7.95

*Bacon, Sausage – Egg – Beans
Tomato – Mushroom – Hash Brown*

EGGS BENEDICT

£6.95

*Poached Egg – Ham Hock
Hollandaise Sauce*

EGGS ROYALE

£6.95

*Poached Egg – Smoked Salmon
Hollandaise Sauce*

EGGS FLORENTINE

£6.95

*Poached Egg – Spinach
Hollandaise Sauce*

BREAKFAST STOTTIE

Choose one from the following

**BACON
SAUSAGE
EGG**

£5.95

Two items

£6.95

Three items

£7.95

LIGHTER BITES

TOAST AND PRESERVATIVES

£2.95

SELECTION OF TRAYBAKES

£3.50

SELECTION OF PASTRIES

£2.50

SELECTION OF SCONES

£3.50

SHAKES

LEAN & GREEN

£4.20

*Vanilla protein powder, greens powder,
milk and ice*

BUILDER

£4.20

*Vanilla protein powder, banana,
peanut butter, milk and ice*

PROTEIN ESPRESSO

£4.20

*Vanilla protein powder, coffee beans
milk and ice*

BODHI

£4.75

*Vanilla protein powder, cacao and
collagen powder, MCT oil, milk and ice*

COFFEE

ESPRESSO	£2.50
AMERICANO	£3.10
CORTADO	£3.10
MACCHIATO	£3.10
FLAT WHITE	£3.30
LATTE	£3.50
CAPPUCCINO	£3.50
LONG BLACK	£3.10
MOCHA	£3.70

HOT DRINKS

HOT CHOCOLATE	£3.60
CHAI LATTE	£3.80
MATCHA LATTEE	£3.80
TUMERIC LATTE	£3.80
COLLAGEN HOT CHOCOLATE	£4.00
RADIANT COLLAGEN	£4.20
TEA BLENDS	£3.00
BREAKFAST TEA	£2.50
ICED TEA	£3.30
FRAPPE	£4.30

COLD DRINKS

BOTTLED WATER	£1.80
CANS	£1.80
FRUIT SHOOTS	£1.20
KOMBUCHA	£2.50

All dishes may contain traces of nuts. Please speak to staff about allergens